

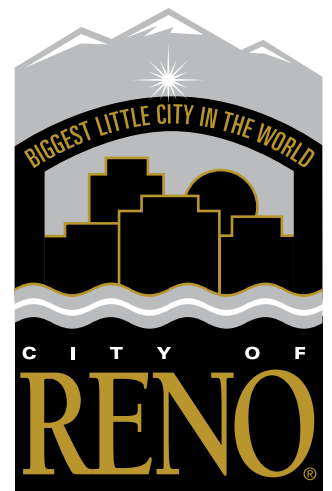
2012 Registration Packet



Everyone is a Winner!
April 30 - June 2

Friendly Competition
For Active Adults 50+
18 Different Events
Compete in Your Age Bracket

Information: 775-689-8484
www.cityofreno.com



Registration Information and Rules

The Sierra Nevada Senior Games is a special event for seniors 50 and older that combines a wide range of events ranging from the competitive Track and Field to the more social Spring, Swing, Fling. The Sierra Nevada Senior Games promote physical fitness and the pursuit of lifetime leisure activities; and provide opportunities for fun, recreation and fellowship.

The City of Reno Senior Citizen Advisory Committee applauds you for exemplifying active aging and providing motivation for all of us to get up, get out and get active.

Age Categories: The Sierra Nevada Senior Games Age categories are as follows: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+.

Participants will qualify for age divisions according to their age as of **December 31, 2011**.

In doubles and team events, teams will compete in the division determined by the age of the youngest team member. *Remember to list your partners name on the registration form.

Registration and Fees: Participants may enter an unlimited number of events when registering under the all event fee of \$25. All fees must be submitted with the registration form by **May 1, 2012**. The entry fee includes medals and a Sierra Nevada Senior Games t-shirt.

Additional T-shirts . . . \$10

Dress: All athletes must wear appropriate athletic attire. Please wear your SNS Games t-shirt when possible. We will photograph throughout the event and athletes exhibiting our colors and our sponsors' logos will add to the spirit of the games. Please remember water and sunscreen.

Inclement Weather: The Sierra Nevada Senior Games reserves the right to cancel, postpone or adjust events in the case of inclement weather or other extenuating circumstances. Any schedule changes will be available by calling 775-689-8484 or posted on the City of Reno website at www.cityofreno.com.

Rules and Equipment: Each registrant will receive a Sierra Nevada Senior Games rule book. A copy of the rules for each event will be available at each event site. Participants must provide personal equipment for bowling, speed golf, table tennis and bocce ball.

Awards: Medals will be presented for the first, second and third place finalists in each age/sex category. The awards will be presented at the conclusion of each event.

Check-in for Events: General check-in for packet pick-up, t-shirt and announcements will take place at opening ceremony on April 30, 2012.

Please check-in with the event coordinator at the correct venue 30 minutes prior to your event. If you are not present at the game time, you will be scratched even if you are at another Senior Games event.

Scholarships are available, for more information please call Loretta Fox at 775-689-8484

Senior Games 2012 Locations

Event	Location
Opening Ceremonies	Neil Road Recreation Center - 3925 Neil Road
Baggo	Neil Road Recreation Center - 3925 Neil Road
Basketball Skills	Evelyn Mount Northeast Community Center - 1301 Valley Rd.
Bocce Ball	Toscana at D'Andrea - 2201 Meritage Drive
Bowling	High Sierra Lanes - 3390 South Virginia
Fitness/Weightlifting	Toscana at D'Andrea - 2201 Meritage Drive
Go Kart Road Race	Ultimate Rush Park - 2500 E. 2nd St.
Miniature Golf	Ultimate Rush Park - 2500 E. 2nd St.
9 Ball	Diamond Billiards - 5890 South Virginia
PickleBall	Neil Road Recreation Center - 3925 Neil Road
Speed Golf	Sommersett Country Club - 2019 Championship Trail
Spring, Swing, Fling	Neil Road Recreation Center - 3925 Neil Road
Swimming	Evelyn Mount Northeast Community Center - 1301 Valley Rd.
Table Tennis	South Reno Athletic Club - 9393 Gateway Dr.
Track and Field	Bishop Manogue High School - 110 Bishop Manogue Dr.
Walk Race	Teglia's Paradise Park Activity Center - 2745 Elementary Dr.
Closing Ceremonies	Cascade of the Sierras - 275 Neighborhood Wy. Spanish Springs

Volunteers Needed:

If you are interested in helping with the SNSG or if someone you know is interested in becoming a volunteer call the Senior Loretta Fox at 775-689-8484.

Contact information

City of Reno
Parks, Recreation and Community Services
3925 Neil Rd.
Reno, Nevada 89502
775-689-8484
Email: foxl@reno.gov

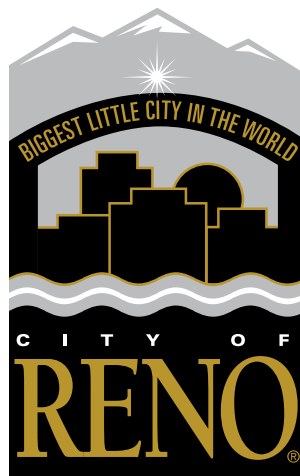


Access for All

The City of Reno welcomes the opportunity to provide accommodations to participants with a disability to ensure full inclusion of people of all abilities into community activities of their choice. If you require a reasonable accommodation to participate in a program, please call a minimum of one week prior to the start of the program. If you have any questions or need additional information please contact us at 689-8484. Hearing impaired individuals can use Nevada Relay - Dial 711 for assistance.

Please show your support for the
2012 Sierra Nevada Senior Games Sponsors.

THANKS
to our sponsors
Everyone is a Winner!



Senior Care Plus
*A Medicare Advantage Plan
Offered by Hometown Health Plan*

Cascades
of the Sierra
The Difference Between Living and Living Well

SAVE MART
PHARMACY

Atlantis
CASINO RESORT • RENO

NVEnergyTM

Carson Plaza
Independent Retirement Living

HOLIDAY
RETIREMENT

Sky Peaks
Independent Retirement Living

RENO'S NEWEST
HOT SPOT



Want to play? Explore Reno's Newest Hot Spot.

You'll uncover some pretty special things. Like a consistently refreshed casino floor with lots of progressive jackpots. Rooms thoughtfully designed for luxury and comfort. Delightful eateries for whatever your palate desires. And a world-class spa that inspires wellness.

Discover something new. Experience Atlantis.



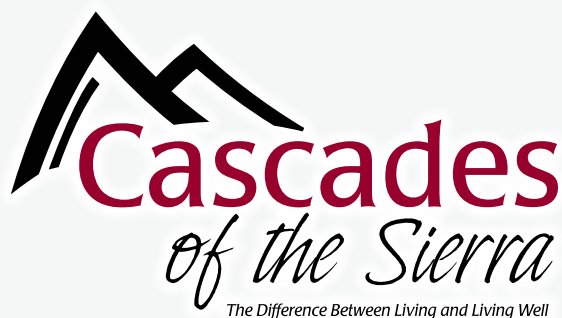
Experience

the Best in Northern Nevada Resort-Style Retirement Living!

For active seniors looking for an Independent and Assisted Living community to enrich their lifestyle or for families looking for the comfort and security of our Mosaic Memory Care – Cascades of the Sierra is the #1 choice! Whether you're looking for a myriad of pampering amenities, programming designed to keep you independent or exceptional quality and value, you can find it all at Cascades of the Sierra.

- Graciously appointed apartments
- Extraordinary culinary experience
- Full-service Spa and Salon
- State-of-the-art Fitness Center with indoor salt water pool
- Five-star hospitality service
- Panoramic, breathtaking views of the Sierra foothills

Cascades of the Sierra is proud to be a sponsor of the Sierra Nevada Senior Games and host site of the closing ceremony on June 2nd.



The Difference Between Living and Living Well

275 Neighborhood Way – Spanish Springs
www.cascadesofthesierra.com

Ask About Our
Spring & Summer
Specials!

For more information on how you can begin experiencing
"The Difference Between Living and Living Well," call

775-424-5400.

Adjacent to the future home of Renown Health Located near the intersections of Pyramid Way and Eagle Canyon Drive

Retirement Living • Assisted Living • Memory Care



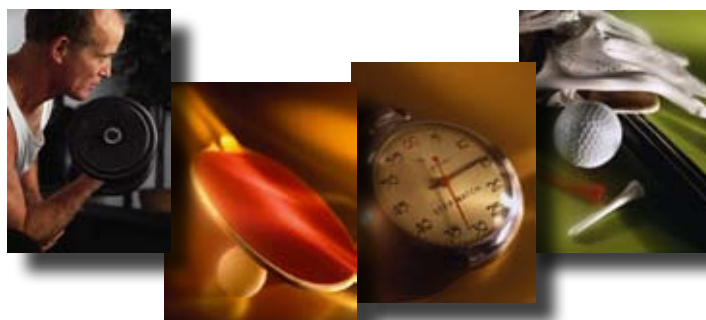
Senior Games 2012 Schedule of Events

April 30 - June 2

SIERRA NEVADA SENIOR GAMES 2012

APRIL 30 – JUNE 2, 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	30 11:00 am Opening Ceremonies	1	2 6:00 pm Basketball Skills	3 9 am Walk Race	4	5 9 am Fitness 10 am Weightlifting
6 2 pm Spring, Swing, Fling	7	8 10 am Swimming	9 9 am Speed Golf	10	11	12 12:30 pm Table Tennis
13 Mother's Day	14	15 10 am Swimming	16	17 9 am Pickleball	18	19 9am Bocce Ball
20 10 am Track & Field	21 1 pm Baggo	22 11 am Miniature Golf	23 1 pm Bowling	24 1 pm Nine Ball	25	26 Memorial Day Weekend
27 Memorial Day Weekend	28 Memorial Day	29	30	31 11 am Go Kart Road Race	1	2 1 PM Closing Ceremony



THANKS TO OUR SPONSOR
The City of Reno Senior Citizen
Advisory Commitee

Senior Games 2012 Events

Please check the boxes below with the events you intend to enter. The All-Event fee permits you to enter as many events as you wish. A partner or team affiliation is required to enter partner or team events. For more information call Loretta Fox at 689-8484.

☐ OPENING CEREMONIES

BAGGO

- ☐ Men
- ☐ Women
- ☐ Co-ed

BASKETBALL

- ☐ Skills Competition
 - ☐ Men
 - ☐ Women

BOCCE BALL

- ☐ Pairs

BOWLING

- ☐ Men Single
- ☐ Women Single
- ☐ Team (4 Co-ed)

FITNESS

- ☐ Men
- ☐ Women

WEIGHTLIFTING

- ☐ Men
- ☐ Women

GO KART ROAD RACE

- ☐ Men
- ☐ Women
- ☐ Co-ed

MINIATURE GOLF

- ☐ 2 Person Team (Co-ed)

9 BALL

- ☐ Singles
 - ☐ Men
 - ☐ Women

PICKLEBALL

- ☐ Men
- ☐ Women
- ☐ Co-ed

SPEED GOLF

- ☐ Men
- ☐ Women
- ☐ Co-ed

SPRING SWING FLING

- ☐ Spring Swing Fling (no fee)

SWIMMING

- ☐ Men
- ☐ Women
- ☐ 50 Freestyle
- ☐ 100 Freestyle
- ☐ 200 Freestyle Relay
- ☐ 50 Breast
- ☐ 100 Breast
- ☐ 50 Back
- ☐ 100 Back
- ☐ 50 Butterfly
- ☐ 100 Individual

TABLE TENNIS

- ☐ Men Singles
- ☐ Women Singles
- ☐ Co-ed Doubles
- ☐ Men's Doubles

TRACK & FIELD

- ☐ Men
- ☐ Women
- ☐ 50 M
- ☐ 100 M
- ☐ 200 M
- ☐ 400 M
- ☐ 800 M
- ☐ Long Jump
- ☐ Standing Broad Jump
- ☐ Shot Put
- ☐ Softball Throw
- ☐ Discus

WALKING RACE

- ☐ Men 2 mile
- ☐ Women 2 mile
- ☐ Men 4 mile
- ☐ Women 4 mile

☐ CLOSING CEREMONIES

Fees:

All Event Fee	\$25	\$ _____
(circle T-shirt size)	Medium Large	X-Large XX-Large
Additional T-shirt	\$10 each	\$ _____
(circle T-shirt size)	Medium Large	X-Large XX-Large
Donation (Thank-You!)		\$ _____
Grand Total		\$ _____

For Team Events, please list partner name:

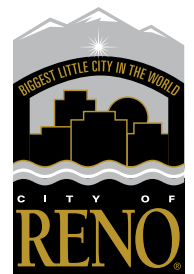
Event	Partner
_____	_____
_____	_____
_____	_____
_____	_____

Make checks payable to: City of Reno

Return this form with payment to:

Sierra Nevada Senior Games
Neil Road Recreation Center
3925 Neil Rd.
Reno, NV 89502

More information: 775-689-8484



Sierra Nevada Senior Games • 2012 Registration Form

Please Print

Name: _____ **M/F** _____ **Age:** _____ **Birthdate** _____
 Last First MI

Address: _____

City: _____ **State:** _____ **Zip:** _____ **Phone:** _____

Emergency Contact:

Name: _____ **Relation:** _____ **Phone:** _____

Name: _____ **Relation:** _____ **Phone:** _____

Amateur Athletic Waiver and Release of Liability

I, the undersigned, hereby request permission to enter onto land or facilities operated by the City of Reno, City of Sparks, Toscana at D'Andrea, Dell Webb and all other sponsored event locations used in the Sierra Nevada Games for the purpose of engaging in duly authorized and approved leisure activities. I agree to play in accordance with all the rules and regulations that have been read and understood by me. I further recognize that I may obtain a copy of these rules and regulations by written request to the City of Reno Parks, Recreation and Community Services, 3925 Neil Rd, Reno, NV 89502.

In executing this unconditional waiver, I state that my attendance and participation in the stated Sierra Nevada Senior Games is voluntary. I am familiar with the premises in which the activities in which I will participate will be conducted and know the risks and dangers involved in such activities. I assume all the risks of injury to my person and property that may be sustained in connection with the stated participation in and about the premises.

In consideration of the permission granted to me to enter the premises and the privilege of participation in the recreational activities, I hereby, for myself and my heirs, administrators, and assignees, release, remiss, waive and discharge the City of Reno, the City of Reno Parks, Recreation and Community Services Department, the City of Sparks, the City of Sparks Parks and Recreation Department, and all sponsors, agents, employees, representatives or officials from all claim, demands, action and causes of action of any sort for injury sustained to my person and/or property during my presence on the premises and my participation in the activities due to negligence or any other fault. This indemnity shall survive my participation in this sports program.

I acknowledge that all sponsors are under no obligation to place such premises in any other condition than the same that now exists as to insure my safety while I am therein or thereon and that all sponsors do not carry any liability coverage that would apply to any injury that I might sustain by means of my participation in such activities.

Name (print) _____ Signature _____ Date _____

Final Checklist (insert check boxes in front of each item)

- ☐ I completed and signed the registration and waiver form
- ☐ I included a check or money order for the registration and any special event fees payable to the City of Reno.

For Office Use Only

Date Received _____ Check # _____ Total Fees _____

Receipt Number _____ Notification Sent _____